



National Self-Represented Litigants Project East

Newfoundland and Labrador Resources for Self-Represented Litigants

Updated April 2022

Newfoundland and Labrador

General Legal Information and Referral

Newfoundland and Labrador Francophone Justice Network / Réseau Justice en français de Terre-Neuve-et-Labrador

<https://www.francotnl.ca/fr/organismes/fftnl/reseau-justice-en-francais/>

email: justice@fftnl.ca

The Réseau Justice en français de Terre-Neuve-et-Labrador is under the umbrella of the Fédération des francophones de Terre-Neuve et du Labrador (FFTNL). They provide legal information in French to the Francophone and Acadian community of Newfoundland and Labrador and aim to improve the availability of French legal services. This includes a directory of lawyers who practice in French in Newfoundland and Labrador.

Public Legal Information Association of Newfoundland and Labrador (PLIAN)

<https://publiclegalinfo.com/>

Toll Free: 1 (888) 660-7788

St. John's Office: (709) 722-2643

Email: info@publiclegalinfo.com

Labrador Office: (709) 896-5235

Email: labrador@publiclegalinfo.com

The Public Legal Information Association of Newfoundland and Labrador (PLIAN) is an independent non-profit that provides general information and education about the law to all Newfoundlanders and Labradorians, with the intent of increasing access to justice. You can access information online or contact them at their Legal Information Phone Line listed above. They may also be able to connect you with a lawyer who practises in the area of law you are concerned about.

Law Society of Newfoundland and Labrador

<https://lsnl.ca>

The Law Society maintains a [comprehensive directory](#) of practicing lawyer contact information. Information to assist members of the public may be found in the lawyers' fees section. The Law Society also runs a Law Library for the public. More information can be found below:

Law Society of Newfoundland and Labrador Law Library

<https://lsnl.ca/law-library/>

Phone: (709) 753-7770

The Law Society's Law Library is an important component in the administration and continuing education of the legal profession. Its comprehensive collection of both primary

and secondary print and electronic media resources is available for use by both lawyers and members of the public.

Family Justice

Family Justice Services

<https://www.gov.nl.ca/jps/legalassist/familyjustice/>

Avalon Region: (709) 729-1183

Central Region: (709) 256-1205

Western and Labrador Region: (709) 634-4174

Family Justice Services is a part of the Justice and Public Safety Department of the government of Newfoundland & Labrador. This service is aimed to assist in dispute resolution coming from separation and divorces among families. Their main focus is on the rights of the child and in assisting families to come to a resolution outside of the court system. They provide parent information sessions, dispute resolution, and counselling services, at no cost. They do not provide legal advice or any other legal issues such as division of property or divorce applications. Family Justice Services can be accessed through either a request for service on behalf of the family, or through a court application for child support, custody or access.

Legal Aid Duty Counsel- Family Division of Supreme Court – St. John’s Only

Phone: (709) 753-4614

This service is only available to those in the Family Division at the Supreme Court in St. John’s. You must call ahead prior to your court date to make an appointment with Duty Counsel. Duty Counsel can provide you with information about your legal rights and obligations, as well as speaking on your behalf, giving advice, and maneuvering the court system to an extent. They cannot help with contested matters or conduct trial on your behalf. You can also speak to the Duty Counsel’s Client Services Officer who can help with filling out court forms, aid in obtaining a lawyer, and explain the court process.

Public Legal Information Association of Newfoundland and Labrador (PLIAN)

<https://publiclegalinfo.com/>

Toll Free: 1 (888) 660-7788

St. John’s Office: (709) 722-2643

Email: info@publiclegalinfo.com

Labrador Office: (709) 896-5235

Email: labrador@publiclegalinfo.com

The Public Legal Information Association of Newfoundland and Labrador (PLIAN) provides family law information. The Association also has a court form builder that may be especially helpful for Self Represented Litigants:

Family Law Court Form Builder

<https://publiclegalinfo.com/family-law-form-builder/>

This resource helps individuals fill out originating and response application forms for family law matters, and let you know what information is required.

Supreme Court Family Division

<https://court.nl.ca/supreme/family/index.html>

They also have a specific Family Divisions which offers information on divorce and separation, children's matters, support enforcement, family justice services and other related topics.

Support for Persons Experiencing Domestic Violence & Sexual Assault

Victim Services

<https://www.gov.nl.ca/victimservices/>

Phone: (709) 729-7970

A free service for victims of crime, offered by the Department of Justice and Public Safety. They are able to help if you are 16 years of age or older, and the service is not dependent on whether the crime has been reported. Those under the age of 16 years old will have Victim Services available to them when a charge is laid. They do not provide legal advice, but can provide information, court preparation, and support while your case moves through the legal system.

Willow House

<http://www.willowhousenl.com/we-offer/>

Phone: (709) 634-4199

24 Hour Crisis Line: 1 (866) 634-4198

The Willow House is a shelter house that offers a 24 hour crisis line, as well as help and support in exploring options in terms of legal issues, as well as housing and finances.

Journey Project

<http://www.journeyproject.ca/>

Toll Free: 1 (833) 722-2805

Email: support@journeyprojectnl.com

The Journey Project is working to improve supports for those who experience sexual violence. They offer the Sexual Violence Legal Support Service, which enables access to free legal advice from a roster of participating lawyers to people who meet the eligibility criteria. They also offer Legal Support Navigation, which is a team that provides support, referrals, general legal informative, and connections to other community resources to individuals who have experienced sexual violence. The eligibility criteria to access their services are currently that you must be at least 16 years old, have experienced any form of sexual violence, and either currently live in Newfoundland or Labrador, or suffered sexual violence there.

The Journey Project also offers trauma-informed training for those working within the justice system, as well as people who may be outside of the justice system but work with victims of sexual violence.

NL Sexual Assault Crisis & Prevention Centre

<https://endsexualviolence.com/>

24 Hour Support and Information Line: 1 (800) 726-2743

The NLSACPC provides several services to victims of sexual violence. These services include their 24 hour support and information line, accompaniments to sexual assault nurse examiners, in-person support to anyone impacted by sexual violence, run a Warn Other Workers (WOW) line which allows sex workers to call and report assaults, provide training to other service providers and volunteers, and is home to resources and information as well as community groups that they are happy to share with anyone in need.

Memorial University, Sexual Harassment Office (for all individuals within the campus community)

<https://www.mun.ca/sexualharassment/about/contact.php>

Phone: (709) 864 – 8199

The office supports individuals in the Memorial University community who experience sexual harassment or assault including advising, information, resources and referrals. Sexual Harassment Policy is always possible.

Criminal Justice

An Introduction to Criminal Court for Self Represented Litigants

https://court.nl.ca/provincial/goingtocourt/introduction_to_court.pdf

This booklet helps self represented litigants understand criminal court processes, testifying in court, filing a police report and victims services.

John Howard Society of Newfoundland and Labrador

<http://johnhowardnl.ca>

A non-profit agency concerned with the problem of crime and its prevention. Contains resource papers and services.

Just Us Women's Centre

<https://stellascircle.ca/need-help/real-help/>

Phone: (709) 738-0658

Toll Free: 1 (877) 738-4256

Email: justus@stellascircle.ca

The Just Us Women's Centre is a program run by Stella's Circle. The centre provides counselling and support to women aged 18 and above who have legal issues. They offer support through the legal process, and you can self-refer or others can refer women to the program.

Legal Aid Services

Newfoundland and Labrador Legal Aid Clinics

<http://www.legalaid.nl.ca>

Phone: (709) 753-7860

Legal Aid is available to those who meet financial need criteria and require assistance of a lawyer.

Local Offices:

Carbonear

Phone: (709) 596-7835, (709) 786-6003

Toll Free: 1 (844) 596-1301

Clareville

Phone: (709) 466-7138

Toll Free: 1 (844) 260-7138

Corner Brook

Phone: (709) 639-9226

Toll Free: 1 (844) 639-9226

Gander

Phone: (709) 256-3991

Grand Falls-Windsor

Phone: (709) 489-9081

Happy Valley-Goose Bay

Phone: (709) 896-4444

Toll Free: 1 (833) 896-5323

Labrador West

Phone: (709) 282-3425

Marystown

Phone: (709) 279-3068

Toll Free: 1 (844) 340-3068

Stephenville

Phone: (709) 643-5263

Toll Free: 1 (844) 304-5263

St. John's

Phone: (709) 753-7863

St. John's (Primary Conflict)

Phone: (709) 722-6981

St. John's (Secondary Conflict Office)

Phone: (709) 753-3706

St. John's (Special Defence Unit)

Phone: (709) 552-7691

Specialized Offices:

Family and Child Legal Aid Services – Corner Brook

Phone: (709) 634-4391

Family and Child Legal Aid Services – Happy Valley-Goose Bay

Phone: (709) 896-4136

Toll Free: 1 (833) 896-5323

Mental Health Office

Phone: (709) 726-8966

Specialized Office Services:

Duty Counsel at Provincial Court – Criminal & Youth Divisions

This service can be accessed by those in attending court in the Criminal and Youth divisions who do not have a lawyer representing them. Duty counsel can assist persons with speaking to the judge on your behalf, giving advice, and maneuvering the court system.

Mental Health Court

The Mental Health Office can help those who need to appear in Criminal court and have mental health challenges, as they may be able to be seen in the Mental Health Court.

24 Hour Advice for Persons Detained by the Police

Legal Aid Commission provides a lawyer 24 hours a day, seven days a week to be able to provide advice to anyone detained by the police and being asked to produce a breath, blood, or DNA sample. You must let the officer know you would like to speak to a lawyer, and they will call the nearest Legal Aid Office on your behalf.

Human Rights Discrimination

Community Justice Connect:

<https://thinkhumanrights.ca/community-justice-connect/>

Phone: 709-729-7410

Online form: <https://thinkhumanrights.ca/community-justice-connect/online-form/>

E-mail: CommunityJusticeConnect@gov.nl.ca

This service assists persons who have experienced human rights discrimination, including racial discrimination, to address disputes using restorative justice. Trained community facilitators will help you identify ways to address the situation and help connect you with the right support services to help you use a restorative approach (non-court based, non-adversarial) approach to mediating your dispute.

NLHRC (NL Human Rights Commission):

<https://thinkhumanrights.ca>

Phone: 709-729-2709

Toll-Free: 1-800-563-5808

E-mail: humanrights@gov.nl.ca

The Commission investigates and resolves human rights complaints, provides legal information on human rights and undertakes education and training.

Civil Justice: Supreme Court and Small Claims Court

Provincial Court of Newfoundland and Labrador

<https://court.nl.ca/provincial/goingtocourt/selfrepresent.html>

The Provincial Court website also offers information and resources on going to court and acting as a self-represented litigants in small claims court.

Supreme Court of Newfoundland and Labrador

<http://www.court.nl.ca/supreme/selfhelp/index.html>

Information and videos to assist self-represented litigants with finding a lawyer, obtaining legal advice and representing themselves in court.

We gratefully acknowledge the Generous Assistance of Public Legal Information Association of Newfoundland and Labrador and Newfoundland and Labrador Francophone Justice Network / Réseau Justice en français de Terre-Neuve-et-Labrador in compiling this directory



The National Self-Represented Litigants Project East gratefully acknowledges financial support from The Law Foundation of Ontario

